



Disclaimer: This resource is for informational purposes only and should not be considered personal financial advice.

# The Prosperity Journal

**A 7-Day Reflection Tool for Whole-Life Stewardship**

**“All this... and Jesus, too?”**

True prosperity isn't just money. It's peace, health, joy, and contentment...all grounded in Christ. This journal will help you track your daily investments in the kind of prosperity that endures.



## How to Use This Journal

- Set aside 5–10 minutes daily to reflect and jot notes.
- Each day for 7 days, you'll reflect on a specific category of biblical prosperity and consider ways you can grow in each. You don't need long answers. Just honest ones.
- You'll be surprised how quickly small reflections begin to reveal patterns, habits, and opportunities for growth. This is how prosperity compounds - not in sudden breakthroughs, but in daily obedience.

**Be honest. Be consistent. Faithfulness compounds.**

## What's Ahead?

**Day One: Relational Prosperity**

**Day Two: Physical Health**

**Day Three: Purposeful Work**

**Day Four: Financial Provision**

**Day Five: Enjoying the Fruit of My Labor**

**Day Six: Contentment**

**Day Seven: Spiritual Depth**

**Weekly Wrap-Up Reflection**



# Day One: Relational Prosperity

**“For the sake of my family and friends, I will say, ‘Peace be within you.’” – Psalm 122:8**

**Prompts:**

- Did I invest in a key relationship today (spouse, child, friend, coworker)?
- Did I speak peace or stir conflict?
- Any unfinished conversation or apology I need to revisit?

**Today’s note:**

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# Day Two: Physical Health

**“I pray that you may enjoy good health...” – 3 John 2**

**Prompts:**

- Did I move my body today? Did I rest well?
- How did I fuel myself physically (food, water, sleep)?
- Was I grateful for the body God has given me?

**Today’s note:**

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## Day Three: Purposeful Work

**1 Thessalonians 4:10-12, “But we urge you, brothers...to aspire to live quietly, and to mind your own affairs, and to work with your hands, as we instructed you, so that you may walk properly before outsiders and be dependent on no one.”**

**Prompts:**

- Did I show up with diligence and integrity today?
- What part of my work felt meaningful or frustrating?
- How might I honor God more fully through my vocation?

**Today’s note:**

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# Day Four: Financial Provision

**Proverbs 13:11, “Wealth gained hastily will dwindle, but whoever gathers little by little will increase it.”**

**Prompts:**

- Did I steward money wisely today (spending, saving, giving)?
- Did I trust God to provide or feel anxious about lack?
- Any impulse purchase or opportunity for generosity?

**Today’s note:**

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# Day Five: Enjoying the Fruit of My Labor

**“Everyone will sit under their own vine and fig tree...”**  
– Micah 4:4

**Prompts:**

- Did I pause to enjoy something God has already provided?
- Was there a moment of rest, delight, or celebration?
- How can I slow down tomorrow?

**Today’s note:**

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# Day Six: Contentment

**“I have learned to be content whatever the circumstances.”  
– Philippians 4:12**

**Prompts:**

- Did I express gratitude today?
- Where did I feel restless, envious, or frustrated?
- Is there anything I need to surrender?

**Today’s note:**

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# Day Seven: Spiritual Depth

**Psalm 1:1-3, “Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; but his delight is in the law of the Lord, and on his law he meditates day and night. He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.”**

**Prompts:**

- Did I spend time in Scripture or prayer?
- Did I sense God’s presence today?
- Is there a sin I need to confess or a truth I need to remember?

**Today’s note:**

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## Weekly Wrap-Up Reflection

### “Prompts:

- Where did I feel most “prosperous” this week?
- What area needs fresh attention or repentance?
- What small investment can I make next week?

### My personal prosperity goal for next week:

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### Bonus

### “Compound Prosperity” Reminders

- **Small faithfulness adds up.**
- **Joy grows with practice.**
- **Contentment deepens with gratitude.**
- **Real prosperity starts in the soul.**